

*On The*

*Green Bistro*

At Rocky Crest Clubhouse

## { SALADS } PLUS + - APPETIZERS -

### COBB

fresh grilled chicken, avocado, blue cheese, bacon,  
boiled egg, cherry tomato and romaine,  
tossed in our classic vinaigrette  
\$18.45

### CAESAR

fresh chopped romaine, garlic herb croutons,  
crisp bacon, creamy Caesar dressing with parmesan  
appetizer size \$11.55 main size \$14.95

### V GARDEN

fresh chopped romaine, spinach, arugula, radicchio,  
cherry tomato, cucumber, peppers and carrot,  
tossed in our house-made vinaigrette  
appetizer size \$10.85 main size \$12.65

### V SPINACH

fresh spinach, mandarin oranges, sun-dried  
cranberries, goats cheese with toasted almonds,  
tossed in our lemon-honey vinaigrette  
appetizer size \$11.55 main size \$14.95

#### *add protein to your salad*

*grilled chicken* \$6.40

*grilled salmon* \$8.40

*grilled tiger shrimp* \$9.20

### V SWEET POTATO FRITES

golden sweet potato sticks, served with spicy  
chipotle mayo  
\$6.90

### V KETTLE CHIPS

tossed with Cajun spice, served with spicy  
chipotle mayo  
\$5.75



## TRADITIONAL FAVOURITES>>>

### BUFFALO-STYLE WINGS

chicken wings tossed in our medium-hot buffalo  
sauce, served with carrot & celery sticks,  
with blue cheese dip  
1lb \$16.20

*other sauce choices available: barbecue,  
honey-garlic, Frank's Red Hot  
dry spices: Cajun, lemon pepper*

### CALAMARI FRITTI

calamari rings dusted in seasoned flour, fried until  
golden brown and served with Freeport sauce  
\$15

### PRIME-RIB DIP

slow roasted prime rib tossed in beef jus then  
topped with horseradish, sautéed onions and  
mushrooms, and medium cheddar cheese, served  
on a garlic toasted panini with a side of beef jus  
\$17.50

### ROCKY CREST GRILLED CHEESE

grilled the traditional way on multigrain bread  
with cheddar and Swiss cheese, bacon, grilled red  
onions and tomato  
\$16.25

### V SYMBOLIZES VEGETARIAN OPTION

If you have any requests or dietary concerns, please inform  
your server and our chef will be happy to accommodate

Prices are subject to applicable taxes and service charge

ClubLink proudly serves Coca-Cola products



## {SANDWICHES & BURGERS} PLUS +

**Burgers include your choice of side:** garden salad,  
Caesar salad, fries, kettle chips

**Enhance your side** sweet potato fries  
or onion rings \$2.65

Add aged cheddar or Swiss cheese \$2.25 | bacon  
\$2.30 | caramelized onions or sautéed mushrooms  
\$1.25

### ROCKY CREST DOUBLE

two fresh ground beef chuck patties topped  
with peameal bacon and aged cheddar  
with traditional garnish  
\$17.95

### SOUTHERN FRIED CHICKEN SANDWICH

fresh boneless skinless chicken breast tossed in  
Cajun flour then deep fried topped with caramelized  
onions, tomato, arugula and chipotle mayo  
on a toasted bun  
\$17.95

### CHICKEN CLUB

fresh grilled-to-order chicken, crisp bacon, aged  
cheddar, arugula and vine-ripe tomato with chipotle  
mayo on toasted multi-grain bread  
\$18.45

### CRUNCHY BUFFALO CHICKEN WRAP

golden-crisp breaded chicken fillets, buffalo wing  
sauce, peameal bacon, grated cheese blend,  
shredded lettuce and tomato with blue cheese  
dressing in a grilled tortilla wrap  
\$17.90

### FINGERS & FRIES

five white chicken strips lightly breaded,  
served with fries and plum sauce  
\$17

## PASTA & PIZZA

### PENNE ALLA BOSCAIOLA

smoked sausage, assorted mushrooms and green  
onion tossed in a silky rose sauce with garlic bread  
\$19.75

### V CAPRESE RAVIOLI

pasta pockets stuffed with roasted tomatoes,  
mozzarella & ricotta cheese tossed in  
tomato basil sauce with garlic bread  
\$ 22

### V VEGETARIAN STIR-FRY

lo mein noodles tossed with fresh cut peppers,  
carrots, celery, wild mushrooms, green onion,  
baby bok choy tossed in stir fry sauce  
\$14.25

Add grilled chicken \$6.40

Add grilled salmon \$8.40

Add grilled tiger shrimp \$9.20

### V MEDITERRANEAN PIZZA

peppers, red onion, black olives, tomatoes,  
feta cheese and pesto drizzle  
\$16.25

### THE BASIC PIZZA

pepperoni and three cheese blend  
\$15

### MEAT LOVERS PIZZA

pepperoni, smoked sausage, mushrooms  
and three cheese blend  
\$17

### HAWAIIAN PIZZA

ham, strip bacon, pineapple and three cheese blend  
\$19

### THE CHICKEN PIZZA

grilled chicken, strip bacon, roasted red peppers,  
three cheese blend and BBQ drizzle  
\$19.50

## {MAINS}

### GRILLED SALMON

8 oz. salmon fillet grilled and glazed  
with teriyaki ginger sauce, served over  
basmati rice and grilled vegetables  
\$28

### STRIPLOIN STEAK

10 oz. center cut AAA striploin steak grilled to your  
liking, brushed with garlic butter, served with grilled  
vegetables and fries  
\$38